



# Reader SOS

## 'I want my baby to move from breast to cup'

'After breastfeeding for six months, I'm starting to wean Jacob onto formula feeds. I've decided to use a cup rather than a bottle to help me skip the bottle-to-cup stage later on. Can you recommend some products to help make the switch successful?'

Lucie Hindhaugh, 31, mother to Jacob, six months, from Warwickshire



MOTHER & BABY HAS GIVEN LUCIE FOUR DIFFERENT PRODUCTS TO TEST. THEY ALL CLAIM TO MAKE WEANING EASIER, BUT WHICH WORKED?



### 1 SteadyCup, £2.99, SteadyCo

**THEY SAY** 'This is a stage one cup aimed at babies from six months. The small handle encourages hand-eye coordination while the wide base avoids spills, improving your baby's confidence. The mouth-friendly open top avoids issues associated with prolonged use of bottles or spouted cups, such as tooth decay and speech development problems.'

**LUCIE SAYS** 'This cup is lovely and bright but we didn't get on well with it. Jacob drank a lot of liquid, but he found the handle awkward and seemed to be gulping too much air, which gave him wind. I don't like the fact the cup has no lid because if he grabbed it we both got wet and I had to keep topping it up after the milk spilt. This cup would be much better for an older baby with better coordination.'

3/5

### 2 First Cup, £5 for four, Tommee Tippee

**THEY SAY** 'The First Cup is free-flowing and offers easy drinking without a valve. Health professionals think it's great because it doesn't cause orthodontic issues such as crooked teeth. It's sturdy and has all the convenience of a spill-proof cup.'

**LUCIE SAYS** 'I like the design of this cup because it's simple and easy to use. Jacob loves it because the handles are easy for him to grip. The spout is a good size, so he can drink quite a bit from it. This cup is great value for money because it will easily grow with Jacob. The only thing that slightly irritates me is that, because the cup doesn't have a valve, the milk comes out quite quickly. But all in all this is a useful cup and now a household favourite.'

4/5

### 3 Healthy Eating Cup, £3.49, Amadeus

**THEY SAY** 'This cup has a leak-proof valve that is easy to drink from and easy to clean. Its soft spout, base and handles are gentle on your baby's mouth and easy for little hands to hold. The handles are removable and the lid has a protective cover.'

**LUCIE SAYS** 'Jacob found this cup the most fun: he chewed the spout and giggled at the squeaky noises it made. I like the soft-grip sides, which make it easy for Jacob to hold. However, he didn't drink as much milk from this as he did from the other cups because he didn't like the spout. Plus, I was annoyed by the stopper valve because it's really difficult to clean. The cup is reasonably priced, though, and because it's quite small, I think it would make a good travel product.'

3/5

### 4 Four-Stage Drink And Learn Cup, £5.99, Brother Max

**THEY SAY** 'This cup takes you from babyhood right through to toddlerhood, so saves space and money. It's a non-spill cup with a big, chunky sipper ring to make drinking easier for your baby. The cup is also designed with a spout that leans forward to help stop it missing your baby's mouth.'

**LUCIE SAYS** 'We both love this cup. The design is fantastic and Jacob seemed really comfortable with it. The easy-to-hold handles and the soft spout definitely helped him feed and he drank the most out of this one. There's also a sipping ring that can be used when Jacob's older, so it's great value for money. I'll definitely carry on using this and have already recommended it to my friends.'

5/5

COMPILED BY LUCY QUICK FOR STOCKISTS SEE I WANT THAT!